## Drug Checking in Island Health

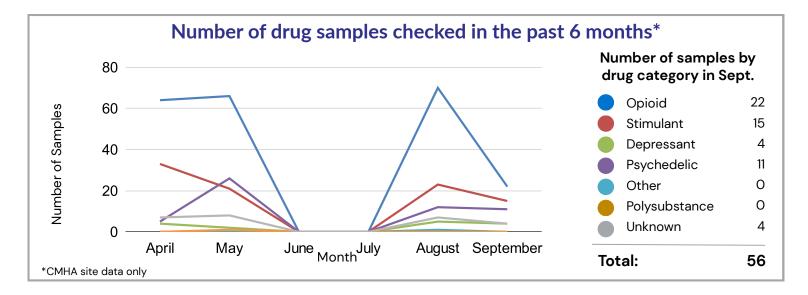
### September 2025



### **Key findings**

We are in the process of including data from Substance (University of Victoria) in this report. In the interim, we provide the number of samples tested at Substance and the BCCSU-partnered CMHA Mid-Island locations to show the total samples tested in the region. The remainder of this report details results only from the CMHA Mid-Island site. For more information on Substance sites, please visit their website.

- In September, a total of **687** drug checks were performed in the Island Health region: **56** by the CMHA Mid-Island Albert Street site in Nanaimo, and **631** by Substance (University of Victoria).
- The percentage of opioid samples testing positive for benzodiazepines by FTIR and/or test strip was 54.5% in September.
- We note there has been an uptick in samples containing carfentanil since the beginning of this year. The true number is
  expected to be higher than what is observed by FTIR, as carfentanil is usually found in concentrations below the detection
  limit (<5%) via secondary testing.</li>
- Among the subset of opioids sent for secondary testing with Paper-Spray Mass Spectrometry (n=5), carfentanil was
  detected in 3 samples, medetomidine in 1 sample, and xylazine in 1 sample.



### Number of drug checks at each site

BCCSU-Partnered Locations	# of Drugs Checked		
Albert St. OPS (CMHA Nanaimo)	56		
Substance (UVic) Locations	# of Drugs Checked		
Substance	334		
Outreach	185		
Port Alberni	46		
Campbell River	35		
Comox Valley	23		
Duncan	8		
Island Health Region Total	687		



### Number of samples with the expected drug present\*

Expected Drug	Present	Not Present	N/A	Total
Opioid	22	0	0	22
Stimulant	14	1	0	15
Depressant	2	2	0	4
Psychedelic	11	0	0	11
Other	0	0	0	0
Polysubstance	0	0	0	0
Unknown	0	0	4	4
Total	49	3	4	56

<sup>\*</sup>CMHA site data only

## Opioids

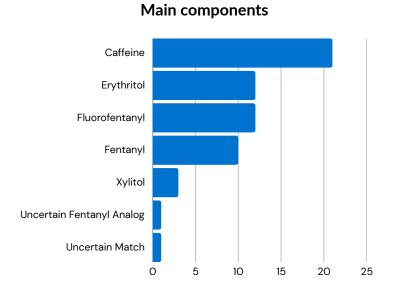
### Number of opioid samples with the expected drug present\*

Expected Drug	Present	Not Present N/A		Total
Fentanyl	2	0	0	2
Down	20	0	0	20
Total	22	0	0	22

\*CMHA site data only

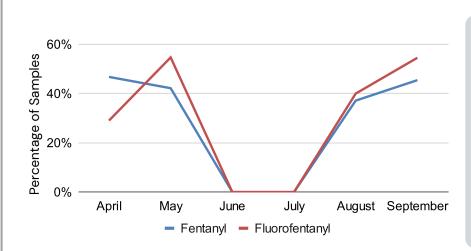


### Components detected in unregulated opioids (N=22)\*



\*CMHA site data only

### Fentanyl analogs detected in unregulated opioids, past 6 months\*



- In September, fluorofentanyl remained the most common opioid detected by FTIR, found in 54.5% of all unregulated opioids tested (12 of 22 samples).
- We note there has been an uptick in samples containing carfentanil since the beginning of this year. The true number of samples containing carfentanil is expected to be higher than what is observed by FTIR, as it is usually contained in concentrations below the detection limit (<5%). Please see the Secondary Testing section of this report for more information.

\*CMHA site data only

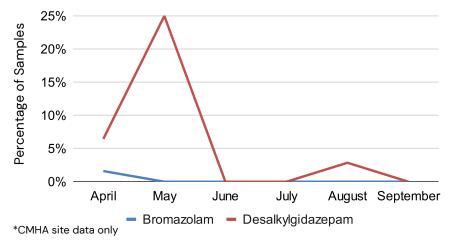


# Percentage of opioids testing positive for benzodiazepines, past 6 months\*



- During the month of September, 54.5% of expected opioid samples tested positive for benzodiazepines at the CMHA Nanaimo Albert St. OPS (12 samples of 22 checked).
- Opioid samples are checked for benzodiazepine-positivity using BTNX test strips and the FTIR spectrometer.

# Types of benzodiazepines detected by FTIR, past 6 months\*

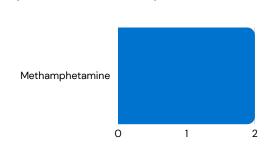


 In September, no unregulated opioid samples contained benzodiazepines in concentrations high enough to be detectable by FTIR (>5%).

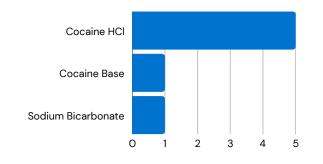
## Non-Opioids

### Components detected in stimulants\*

### Components in methamphetamine (N=2)

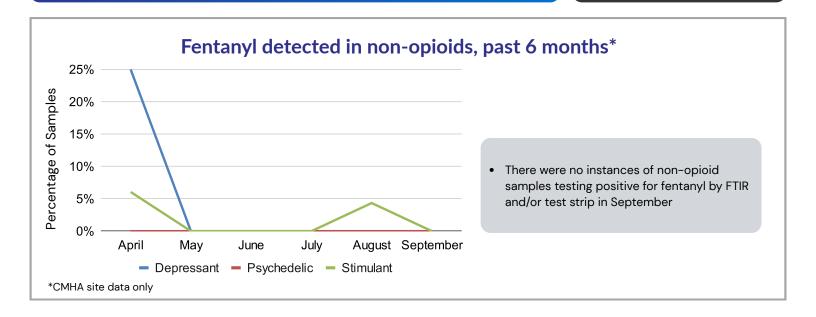


#### Components in cocaine (N=6)



\*CMHA site data only

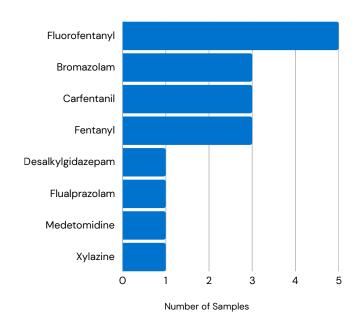




## **PSMS Secondary Testing Results Summary**

A subset of samples were sent for secondary testing provided by Substance at the University of Victoria, using Paper-Spray Mass Spectrometry (PSMS). PSMS is a highly sensitive technology, and can detect components in samples below the detection limit of the FTIR (<5%). Below is a summary of all active components detected in opioid samples sent in confirmatory testing. For more information about Substance please visit their website.

#### Active components in opioids submitted (N=5)





## Drug Checking in Island Health

September 2025

### **Public Health Notifications**

Date & Location	Expected Drug	Spectrometry Results	Fentanyl Strip	Benzo Strip	Alert Message			
	No alerts for Island Health this month.							
To subscribe to the provincial drug alert and response system, text the word JOIN to 253787 (ALERTS).								
About this data								

Data represented in this report is collected from our partner sites across the province using Fourier Transform Infrared (FTIR) spectrometry in combination with BTNX fentanyl test strips and benzodiazepine test strips when applicable. We note the FTIR spectrometer has a detection limit of approximately 5% concentration (McCrae, 2019).

ľ		/	/	1	Stimulant includes:	Unknown includes:
ı	Depressant includes:	Opioid includes:	Polysubstance includes:	.,	methamphetamine,	samples where the individual
ı	benzodiazepines,	"down", heroin, fentanyl		MDMA and related, 2C-family,	"speed," cocaine and	was unable to identify an
ı	etizolam, GHB, hypnotics (	(unregulated opioids), and		tryptamines, ketamine, LSD	crack cocaine,	expected substance - this
ı	/	pharmaceutical opioids	/	/	. /	•
Ш	/	/	/	/	cathinones /	includes found samples.

We gratefully acknowledge the contribution of <u>our</u> <u>partners</u> to collect this data.

To find drug checking services in your area please visit our <u>site locator</u>.

